

Check-up - Basic

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We have listed the procedures of a basic check-up program to give a comprehensive overview of your health. Depending on your medical history and your requirements, this program can be extended.

1) Evaluation of your medical history

2) Physical examination

3) Technical investigations:

Laboratory	Blood and urine
Abdomen	Sonography of the abdomen
Thyroid gland	Sonography of the thyroid gland.
Cerebral arteries	Sonography of the cerebral arteries
Assessment of the heart	Echocardiography, ECG/Stress Test
Assessment of the lungs	Pulmonary function test

4) Results and discussion

5) Medical report in english

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Laboratory-Analysis

We have done a selection of important laboratory analysis to give an excellent reflexion of the different organ systems.

Organsystem	Parameter
Blood cells	Complete blood count
Inflammation	ESR, hsCRP
Coagulation	INR, PTT, Fibrinogen
Kidney/Electrolytes	Na, K, Ca, Cl, P, Creatinin, Uric acid, Urea, Urine-status
Liver Gallsystem/Pancreas	GGT,AST,ALT, LDH, AP, Bilirubine, Amylase
Risk faktore	Cholesteriol LDL-Chol., HDL-Chol., Triglycerides, Homocysteine
Thyroid function	FT3, fT4, TSH,
Immune-Status	IgG, IgA, IgM, IgE, Serum-Electrophoresis
Diabetes Mellitus	Glucose, HbA1c
Cancer-Screening	PSA, Haemocult